



200 Hour Yoga Teacher Training

Name _____ Date _____

Address _____

Birthdate _____ Cell _____

Email Address _____



Please type answers on a separate page.

Drop completed application off at Yoga for Mankind or email to staci@yogadance.us.

All Applications are Confidential. There are no wrong answers.

1. How long have you been practicing yoga?
2. Is this your first yoga teacher training? Yes/No
If the answer is No: Please list other training programs completed.
3. Why do you want to take this particular teacher training?
4. Please share the highlights of your professional career to date.
5. What skills do you have that are most transferrable to the craft of teaching yoga?
6. Do you have any other teaching/training experience? (for example, do you lead trainings in your workplace? Have you taught math as a tutor? Are you the one at work that teaches everyone how to do the new thing?) Yes/No
If the answer is Yes: please briefly describe.
7. What skills are you looking to gain from this teacher training program?
8. What styles of learning do you feel work best for you (visual, aural, verbal, physical, logical, social, solitary)?
9. How are you at working in team settings?
10. Can you commit to the attendance and homework obligations outlined in the program description? If you have conflicts, please describe them so we can see if they are compatible with the program.
11. Please let me know about any medical conditions or injuries that may affect your yoga practice.

Program requirements

- You must borrow or purchase the required reading material for the program. There are 6 required texts.
- You must commit to attend all program sessions and complete all homework assignments in order to graduate. Please review program dates. You will be asked to take on a steady home practice in addition to contemplations, journaling, research, and brief written assignments.

Tuition Investment & Refunds

Deposit: A \$500 non-refundable deposit is due upon acceptance in to the program to hold your place.

Tuition:

The Teacher Training program is an investment of \$3,100 if your application is received by March 16th, 2018 and you are paid in full by April 11, 2018.

Tuition is \$3,400 if the application is received after March 16th and you are paid in full by May 1st, 2018.

- Tuition does not include lodging or meals.
- Tuition can be paid by cash, check, or credit card.
- Tuition includes membership (unlimited yoga classes) at Yoga for Mankind for the duration of the training.

Payment Plans: An individual payment plan agreement can be set up prior to the beginning of the training.

Please note there are no refunds.

Contact

Please contact me with any questions.

I am excited and honored to facilitate your Yoga Teacher Training.

Staci Curry

staci@yogadance.us

585-808-9297